

Swimmer Profile	
Name: Sam McKenzie	Age: 16
Club: Tasman Swim Club	Coach: Andy Adair
About	
Greatest achievement in swimming: Three current NZ Age Group records Gold and silver at the 2015 Australian Age Group Championships	
Major goals for the next 2 years: Make more NZ Age Group teams (Junior Pan Pacs, World Juniors, and Youth Comm Games). Continue reducing my times through hard training.	
What is your pre-race ritual? I have too many rituals to explain – it's almost superstitious	
If you could only eat one thing for the rest of your life what would it be? Pam's pesto with cashews	
Who or what inspires you and why? The success past and present sportspeople achieve from hard work.	
School/University/subjects/company/position? Waimea College	